



Ocean Grove Beach Patrol Junior Lifeguard Program 2010



The Ocean Grove Junior Lifeguard Program is intended to teach water safety and some basic first aid skills to children who can swim. Many of our activities will take place in the ocean. We do not teach swimming, but feel that our program will allow your child(ren) to gain confidence in the ocean. There is a \$30.00 fee that will cover the participants United States Lifesaving Association Membership and a T-shirt.

The program will be split by age AND ability. The general schedule is listed below. Junior Guards will be held at the South End Beach across from the beach office.

Age	Tuesday	Thursday	Saturday
6-10	2:30pm-3:30pm	No practice	9:30am-10:30am
11-15	1:00pm-2:30pm	1:00pm-2:30pm	9:30am-10:30am

Each year we have more and more Jr. Guards involved in the competitions that are held by Belmar, Spring Lake, Manasquan, Ocean Grove, and the mid-Atlantic regional tournament. We would like to see the increasing attendance trend continue. The older group will be required to enter at least one of these competitions. This is not a requirement for the younger group, but it is a fun time for everyone. This is an important aspect of our program as it provides a team atmosphere and allows everyone to see the results of their own training.

*****Please note: You must register by July 1st in order to guarantee your shirt and USLA membership*****

Cut and return the bottom part of the form.

I give permission for _____ to take part in the Ocean Grove Beach Patrol Junior Lifeguard Program. I understand that there are inherent risks present in the ocean and on the beach. I am aware that this is a recreational as well as instructional program. I agree not to hold Michelle Davidson, Jen Rau, any Lifeguard, or the OGCMA responsible for any injuries resulting from these activities.

Signature of Parent or Guardian _____ Date _____

Jr. Guard Information

Name(s) _____ Age(s) _____

Address (summer) _____

Address (winter) _____

Email Address _____

Summer Phone _____ Winter Phone _____

Parents Ocean Grove Beach Badge # _____

T-shirt size: Adult lg. Adult med. Adult sm. Child lg. Child med. Child sm.

Shorts size: Adult lg. Adult med. Adult sm. Child lg. Child med. Child sm.